

**BROCKTON VISITING NURSE ASSOCIATION  
JOB DESCRIPTION**

**TITLE:                   PHYSICAL THERAPIST**

**REPORTS TO:         CLINICAL MANAGER**

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**POSITION SUMMARY:**

Plans and administers medically prescribed physical therapy treatment for patients in their homes and in community programs to restore function, to promote safety, to relieve pain, or to prevent disability by performing the duties that follow. Provides consultation to staff and community personnel.

**RESPONSIBILITIES:**

- Reviews referrals and/or physician orders, to determine physical therapy treatment required.
- Performs a comprehensive physical therapy assessment on patient to test and measure patient's strength, motor development, sensory perception, functional capacity, respiratory and circulatory efficiency, and records findings to develop or revise treatment programs.
- Documents treatment(s), response, and progress according to BVNA charting protocols.
- Plans and prepares written care plan including goals and actions based on evaluation of patient data, including physician orders.
- Completes the admission/readmission packet within 24 hours of the admission/readmission visit.
- Administers manual exercises to improve and maintain function.
- Instructs, motivates, and assists patient to perform various physical activities and in the use of assistive and supportive devices such as crutches, canes, and prostheses.
- Administers treatments involving application of physical agents. Evaluates effects of treatment at various stages, adjusts treatments to achieve maximum benefit and documents same.
- Instructs patient and family in treatment procedures to be continued at home or upon discharge.
- Evaluates, fits, and adjusts prosthetic and orthotic devices and recommends modification to Orthotist.
- Demonstrates ability to skillfully manage caseload.
- Communicates weekly schedule in writing to Manager and adheres to same.
- Communicates with Physician and other practitioners to obtain additional patient information, suggests revision(s) in plan of care including identification of other professional service(s) needed, and integrates physical therapy treatment with other aspects of patient's health care.
- Teaches patients/significant other(s) skills and techniques required for participation in activities and evaluates patient's progress and revises plan of care as needed.
- Recommends supplies and equipment for patient use.
- Orients, instructs, and supervises work activities of Physical Therapy Assistants, Certified Home Health Aides, and students as appropriate.
- Plans and provides education programs on physical therapy and related topics as appropriate.
- Submits weekly schedule and adheres to same.
- Responsible for interdisciplinary assessment
- Required to participate in Quality Assessment Performance Improvement Program and HHA sponsored in-service Training
- Is responsible for maintaining state licensing that is current and in good standing
- Performs miscellaneous related duties as assigned.

## **QUALIFICATIONS:**

- Possesses current Massachusetts Physical Therapist license
- One year of experience as a Physical Therapist in a community health or acute care setting preferred
- Proficiency in safe physical therapy practice
- Ability to adapt standard physical therapy practice to a community setting
- Ability to work independently
- Ability to strictly adhere to confidentiality requirements
- Proficiency in OASIS accuracy and ICD-9 (10) coding
- Computer skills, Excel, PowerPoint, EMR
- Possesses current driver's license and reliable vehicle

## **STANDARDS:**

Demonstrates a commitment to the provision of superior home health services, community education, and health promotion outlined in the Mission Statement, and to our values. Demonstrates skills to assist clinicians and to follow through to meet deadlines and timeframes. Adheres to BVNA's and professional Code of Ethics. Communicates a positive image and working philosophy of the BVNA and establishes and maintains a professional relationship with patients, coworkers, and others.

All employees of BVNA are expected to display the highest standards of service excellence and embody the BVNA's motto of "More than you'd expect from home care." In order to do so, the BVNA's values (shown below) will be demonstrated throughout the course of each employee's daily activities. As each employee's roles and responsibilities may be unique, these values will also be demonstrated in a way that is unique, but supportive of the employee's overall goals and the BVNA's mission and vision. Specific expectations will be made and agreed upon between the employee and his/her manager at the time of hire and throughout the year as needed.

<b>PARTNERSHIP</b>	Through teamwork we are committed to achieve great things.
<b>OWNERSHIP</b>	We are accountable and responsible for the success of the BVNA.
<b>EXCELLENCE</b>	We are professionals achieving exceptional results.
<b>CLIENT-FOCUSED</b>	It's all about you.
<b>INNOVATIVE</b>	We are resourceful and flexible in adapting to changing needs.

Adheres to BVNA's and Professional Code of Ethics. Communicates a positive image and working philosophy of the BVNA and establishes and maintains a professional relationship with patients, coworkers, and others.

## **PHYSICAL DEMANDS**

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is occasionally required to stand; walk; sit; use hands to finger, handle, or feel objects, tools or controls; reach with hands and arms; climb stairs; balance; stoop, kneel, crouch or crawl; talk or hear; taste or smell. The employee must occasionally lift and/or move up to 25 pounds. Specific vision abilities required by the job include close vision, distance vision, color vision, peripheral vision, depth perception, and the ability to adjust focus.

## **WORK ENVIRONMENT**

Work environment characteristics described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing the duties of this job, the employee is exposed to weather conditions prevalent at the time. The noise level in the work environment is usually moderate.